

APhA-ASP Region I Newsletter

May 2011

Region I has a great showing at APhA2011!

The chapters from Region I were out in full force in Seattle, WA in March for the APhA Annual Meeting & Exposition. The University at Buffalo was able to fundraise and send 30 members, and they were honored at the Opening General Session with the award for Outstanding Implementation of APhA-ASP's newest patient care project, Operation Heart. Under the direction of their Operation Heart Chair, Ali Mohamedali, the UB chapter coordinated an Apple Gram sale during American Heart Month, allowing apples with heart healthy messages to be sent by students and faculty/staff to their friends and family members. They also joined forces with UB's Breathe Free program and volunteered their time to help counsel patients on the benefits of smoking cessation. Chapter President Jamie Chin said that their chapter "learned a great deal in Seattle and many students are very excited to get involved for next year." I'd say that's a sign of a great Annual meeting!

The University of Connecticut chapter won the award for Outstanding Implementation of Operation Immunization, rising to the top by helping out at campus flu clinics, developing an ad to be (continued on page 2)

Important dates to remember...

The APhA-ASP Summer Leadership Institute is July 15-17, 2011! Make sure to book your buses, trains, and planes early!

The annual Chapter Achievement Award Reports are due on July 15th! See page 5 for FTP site instructions.

MRM2011 will be held on Friday, October 28 – Sunday October 30 at the Marriott Buffalo/Niagara in Amherst, NY. Contact our MRM-C, Emily, if you have any questions!

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displayed before on-campus movies, and educating travelers at the airport about how to protect themselves during flu season. Continuing the tradition of innovative and collaborative programming, their chapter is setting up a table at their University's study abroad fair to help students to determine if and what vaccines they'll need before traveling to different areas of the world. But their favorite part of each year's Annual meeting? It's seeing "UConn continue their run to the National Championship with all of our faculty and alumni that came to Seattle," said Lisa Semancik, Chapter President.

The Massachusetts College of Pharmacy and Health Sciences at Boston chapter rounded out the regional patient care project awards with wins in Outstanding Implementation of the Operation Diabetes and Heartburn Awareness Challenge patient care projects. They participated in health fairs and bone marrow drives, and their pie and wing eating contests helped them to promote heartburn awareness. Their patient care projects focused on outreach and education, and they were able to do that at a local train and bus terminal, where they reached over 300 patients in a single day! They also participated in a health and fitness expo in Boston's convention center, allowing them to perform blood pressure and blood glucose screenings. When they weren't promoting pharmacy through patient care projects, the MCPHS-Boston chapter hosted speakers and career panels and participated in drug take-back events.

Making their big screen debut, St. John's University's favorite part of APhA2011 was seeing their PharmFlix video, "The Most Interesting Pharmacist in the World," played in front of every student pharmacist at the APhA-ASP Opening General Session. They loved being able to take a break from exams and do something fun and creative together!

With all of this going on, who *wouldn't* want to attend an APhA Annual Meeting? See you in New Orleans, LA for APhA2012!

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Meet your 2011-2012 APhA-ASP National Executive Committee!



Sara R. McElroy
2011-2012 APhA-ASP National President
University of Washington



David R. Steeb
2011-2012 APhA-ASP National President-elect
University of North Carolina Chapel Hill



Ryan M. Burke
2011-2012 APhA-ASP National Member-at-large
University of Louisiana at Monroe



Parth D. Shah
2011-2012 APhA-ASP National Member-at-large
University of Southern California



Ashley E. Weems
2011-2012 APhA-ASP National Speaker of the House
Auburn University

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School's Out for the Summer...Time to Relax, Unwind, and ADVOCATE!! by Steve Carr

Classes are over, finals are done; it's time to kick back, sit on the beach, and generally unwind after a long semester. Sounds like a good time to me too, however, the summer is an excellent time to stay involved with your profession and where you want to see it go in the future. Without the burden of classes, exams, etc., we can focus on the changes that we want to see happen. Don't like your state's requirements for interns? Want to be able to give immunizations as a student pharmacist? Go out and make the change happen! Go visit a local lawmaker. Go to a state board of pharmacy meeting over your summer break. Put together a proposal for your board of pharmacy to consider. Show them the benefits that student pharmacists can bring to the community. Lay the groundwork of a collaborative practice policy in your state. Find out what your state pharmacy association is doing and what student pharmacists can do to help.

There are a number of things you can do over the summer to help advocate for your profession, and without the tight time restrictions of classes on your back you can better direct your efforts for real change in our profession. The weather outside is HOT but advocacy is done in air-conditioned rooms!

Below: Student pharmacists from Maine with Governor Lepage at MPA Legislative Day.



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Don't let this year's CAA Report sneak up on you! Delegating the tasks and becoming familiar with the FTP site will help the work fly by!

And remember, you can use the FTP site year-round for important resources to help your chapter with patient care projects, American Pharmacists Month, membership drives, and more.

To use the FTP Site method of submission, please use the following directions:

Step 1: Paste the following into your browser: <ftp://apha-asp.org/> (Note: Do not use http:// at the beginning)

Step 2: You will receive a message: Internet Explorer cannot display the webpage, or you will receive a login box, if so (Click on Cancel).

Step 3: (Click on Page) on the top right corner of your browser and within the drop-down items, there should be a choice: "Open FTP Site in Windows Explorer". Please choose this option.

Step 4: A username and password box pops up (this is case sensitive):

User Name: aphaasp_chapters
Password: mrrGnio2re

Step 5: Find the appropriate file folder and simply open it as you would any file on your computer.

Step 6: Copy and Paste the files to your desktop that you would like to utilize, and please allow some time for the files to download to your computer.

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Congratulations to the
Class of 2011
graduates from Region I!

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The 2010-2011 Regional Officers are looking forward to seeing you in Washington, D.C. for the APhA-ASP Summer Leadership Institute this July!

In the meantime, remember to utilize the e-communities to swap ideas with your fellow student pharmacists!

Remember, we're on the web!

Facebook group: <http://tinyurl.com/aphaasregion1>

Twitter: @aphaasregion1

Email: aphaasregion1@gmail.com



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